



**University of St. Thomas  
2009 NCAA Division III Baseball Champion**

*15th Annual Christmas Camp  
Get the Edge- Pitching, Hitting, Fielding, and Base running*

**Dates & Times:**

**December 26th, 27th, & 28th**

Grade School Session: (5th-8th)

10:00 a.m. – 12:00 p.m.

High School Hitters, Outfielders, & Infielders

1:00 p.m. – 4:00 p.m.

Pitchers and Catchers Session: (High School)

2:00 p.m. – 4:00 p.m.

**Place: CRETIN - DERHAM HALL HIGH SCHOOL**

**550 South Albert St. St. Paul, MN 55116 (Corner of Randolph and Hamline)**

**Instructors:**

- **Buzz Hannahan (University St. Thomas Assistant Coach)**
  - 1) Former Philadelphia Phillies Infielder—AAA (nine year professional)
  - 2) 3 yr. Assistant Coach, University of St. Thomas
  - 3) 1998 MIAC Player of the Year & USA Today All American
- **Chris Olean (University St. Thomas Assistant Coach)**
  - 1) Pitched professionally- Milwaukee Brewers
  - 2) 1999 UST All American & MIAC Pitcher of the Year
  - 3) 10 year Assistant Coach (Pitching) University of St. Thomas National Champions ‘01 & ‘09
- **Jack Hannahan (Seattle Mariners)**
  - 1) Major League First & Third Basemen.
  - 2) University of Minnesota 2001 3<sup>rd</sup>. Team All-American
- **Shawn Wooten**
  - 1) 2001 World Series Champion with The Anaheim Angels First Basemen/Catcher.
  - 2) 7 Year Big League Player with Then Angels, Phillies, and Red Sox
  - 3) 2010 will make his inaugural managerial professional career in with The San Diego Padres.
- **Jake Mauer (Minnesota Twins)**
  - 1) Minnesota Twins Fort Meyers Miracle Manager. (High A Florida State League)
  - 2) 2001 UST All American & MIAC Player of the Year
  - 3) 5 years of professional baseball expertise and University Of St. Thomas Hall of Fame.
- **Brian Whinnery (St. Paul Saints)**
  - 1) UST (Winning pitcher in National Championship Game in 2001)
  - 2) 2007 Northern League All-Star

**The 2009 National Champions, University of St. Thomas, Players and current Tommie Staff will also be instructing.**

**Grade School Session (5th-8th):** This camp demonstrates the fundamentals of throwing, catching, hitting and base running. Instructors will emphasize work ethic, good sportsmanship, and the philosophy of the game. Each athlete will receive 6 hours of instruction from some of the elite instructors in Minnesota. Fee: \$120

**High School Session (9<sup>th</sup> - 12<sup>th</sup>):** The High School Session is geared to the athlete that knows and loves the game. We love passionate players who want to take the next step in their playing careers. This camp emphasizes hard work, repetitions, drills geared for your game, and special instruction from current and former big league players. **Fee \$150**

**Pitching and Catching (9<sup>th</sup> – 12<sup>th</sup>):** The pitching & catching camp offers an in depth understanding of pitching and catching mechanics. Each pitcher will learn the basic fundamentals to develop proper pitching mechanics, which in turn will lead to increased velocity and durability. Pitchers will have a better understanding of their own mechanics and how best to optimize their ability's through instruction from former professionals and videotaped mechanical review. Catchers will learn the basic fundamentals of receiving, blocking, and throwing from former professional players. Catchers will also receive live pitching and work on the fundamentals of hitting. **Fee\$150**

**Equipment:** Each player is responsible for transportation to and from the clinic, tennis shoes and long pants (sweat or baseball). The clinic will furnish helmets, balls, and bats. (Players are encouraged to bring their own bat – label your bats for identification. All players will receive Christmas workout shirts.)

**Instruction:** The clinic will be limited to the first 30 players registered in each session. Player to Coaching ratio of 4:1

**Registration Procedures:** Fill out the registration form. Be sure to complete all questions and check session.

- 1) Return the completed form and fee as soon as possible to confirm your reservation into the Christmas Clinic. Enrollment is limited.
- 2) Clinic will begin promptly – Please be on time! We request you arrive 15 min early on the first day!
- 3) Any questions please feel free to call Camp Coordinator/Assistant Coach Buzz Hannahan 612.746.8009 or Camp Coordinator/ Assistant Coach Chris Olean 612-804-8559 or email the camp @ tommiebaseballcamp@gmail.com

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## REGISTRATION DEADLINE DECEMBER 22<sup>nd</sup>. 2009 – TUITION:

*Make checks payable to: Buzz Hannahan  
1995 Bayard Ave.  
St. Paul MN 55116*

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## 2009 UST BASEBALL CLINIC

Name: \_\_\_\_\_ Position: \_\_\_\_\_ School: \_\_\_\_\_

Address: \_\_\_\_\_ Graduation YR: \_\_\_\_\_ Age: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: "Print Neatly" \_\_\_\_\_

Shirt Size: (Adult Sizes) 2XL XL L M S XS

### Agreement to Participate/Release

I/we hereby request that you accept this application for the enrollment of \_\_\_\_\_ in the UST Baseball clinic during the dates set forth in this application and in consideration of your acceptance of this application, I/we hereby release The University of St. Thomas and all it's employees and the clinic Director and any assistants from claims on account on any injuries which may be sustained by my/our son while attending the University of St. Thomas Baseball clinic, and I/we agree to indemnify the University Of St. Thomas and it's employees and the Director and assistance of the clinic for each claim which may hereby be presented by my/our son as a result of any such injuries. I/we also certify that my/our son is medically fit to participate in your program. (The full tuition must accompany this application)

Session Attending: **Grade School Session (5th-8th):** **Fee: \$120**   
**High School Session (9<sup>th</sup> - 12<sup>th</sup>):** **Fee \$150**   
**Pitching and Catching (9<sup>th</sup> – 12<sup>th</sup>):** **Fee \$150**

Parent or Guardian signature \_\_\_\_\_ Date \_\_\_\_\_